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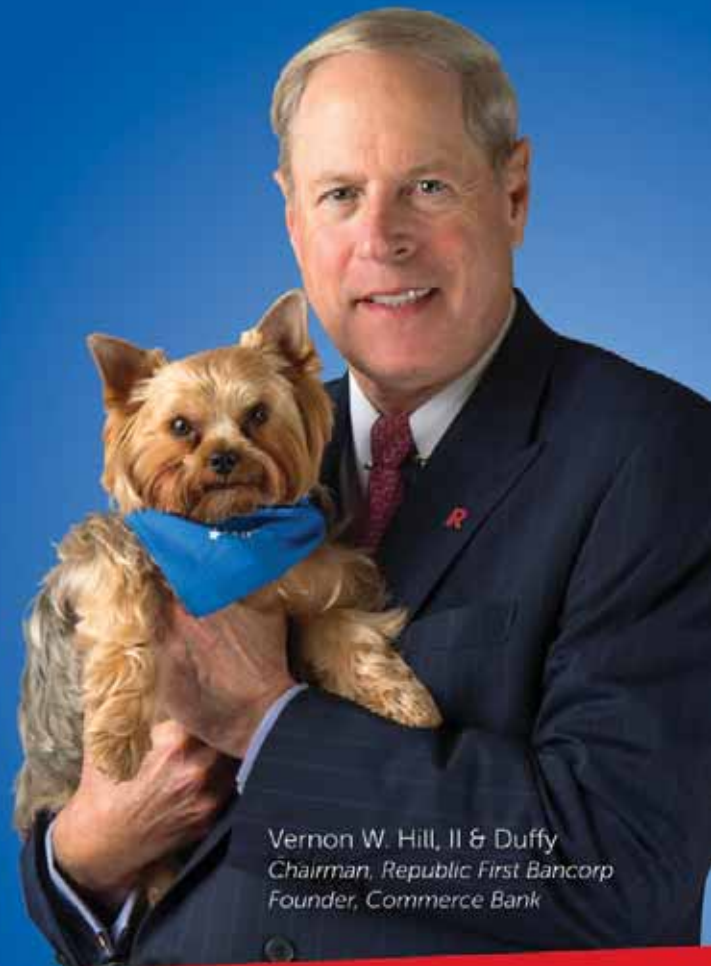
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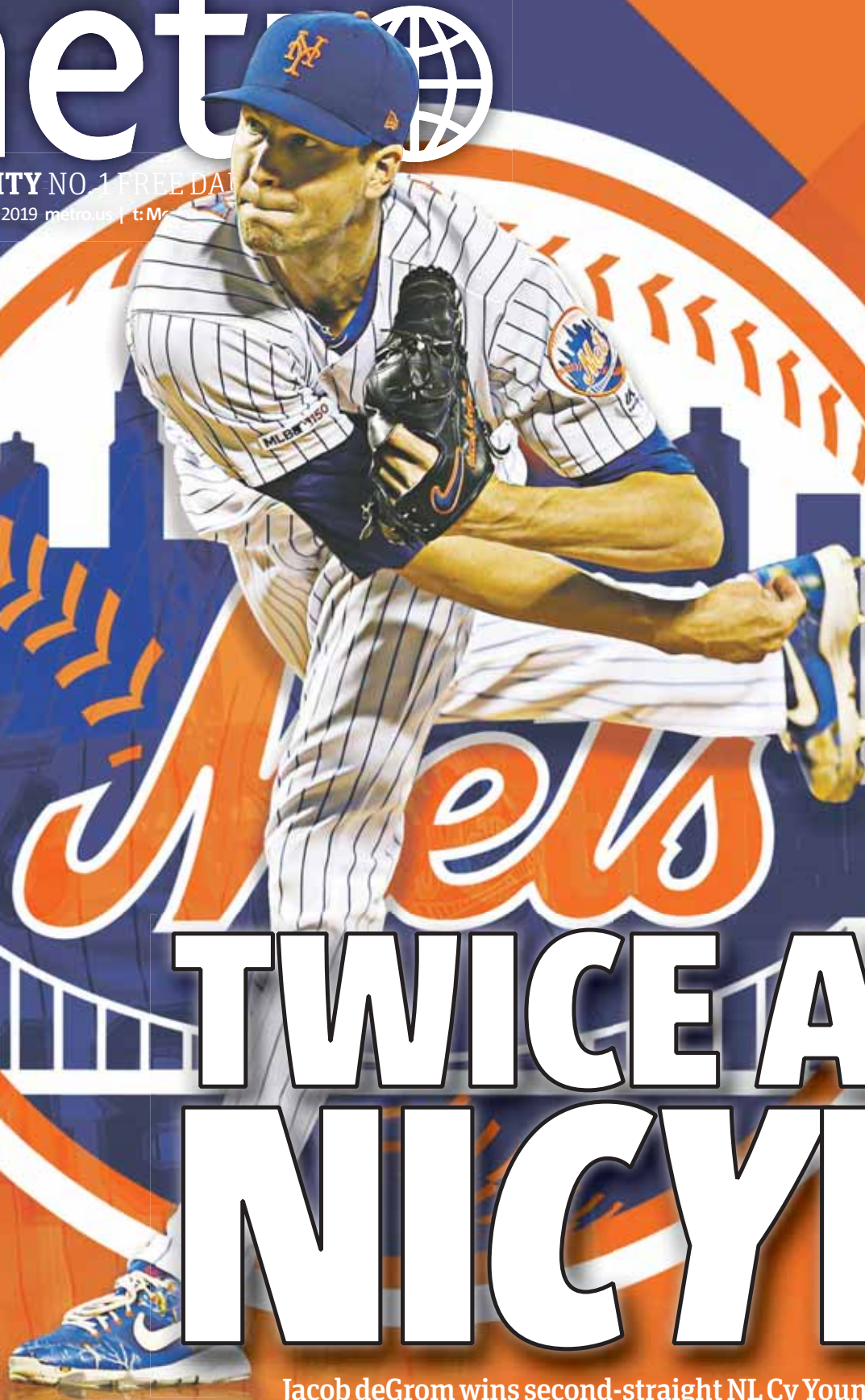
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TWICE AS NICYE

Jacob deGrom wins second-straight NL Cy Young Award. 21

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THINGS
TO
KNOW

William Taylor, a career diplomat, testified Wednesday.

1 The top U.S. diplomat in Ukraine, testifying in the first televised hearing of the impeachment inquiry against President Donald Trump, on Wednesday linked the president more directly to a pressure campaign on Ukraine to conduct investigations that would benefit him politically.

William Taylor was one of two career diplomats who testified before the U.S. House of Representatives Intelligence Committee as a crucial new phase began in the impeachment inquiry that threatens Trump's presidency even as he seeks re-election in 2020.

Both Taylor and George Kent testified about their concerns about pressure by Trump and allies to get Ukraine to investigate Democratic political rival Joe Biden in a dramatic hearing that pitted Democratic and Republican lawmakers against each other.

While the hearing turned contentious at times – including sniping between lawmakers – the low-key testimony given by the two witnesses may have fallen short of giving the Democrats the ammunition they need to advance their argument that Trump has committed misdeeds worthy of oust-

Trump impeachment hearings focus on Ukraine pressure campaign in first day



Chairman Adam Schiff (C), Democrat of California, gives an opening statement during the first public hearings held by the House Permanent Select Committee on Intelligence as part of the impeachment inquiry into U.S. President Donald Trump, with witnesses Ukrainian Ambassador William Taylor and Deputy Assistant Secretary George Kent testifying on Capitol Hill in Washington, DC. **REUTERS**

“Ambassador Sondland responded that President Trump cares more about the investigations of Biden, which Giuliani was pressing for.”

William Taylor

ing him from office.

An important revelation came from Taylor, acting ambassador to Ukraine, who pointed to the Republican president's keen interest in getting Ukraine to investigate Biden, a former vice president, and reiterated his understanding that \$391 million in U.S. security aid was withheld from Kiev unless it cooperated.

Taylor said a member of his staff overheard a

July 26 phone call between Trump and Gordon Sondland, a former political donor appointed as a senior diplomat, in which the Republican president asked about those investigations and Sondland told him that the Ukrainians were ready to proceed.

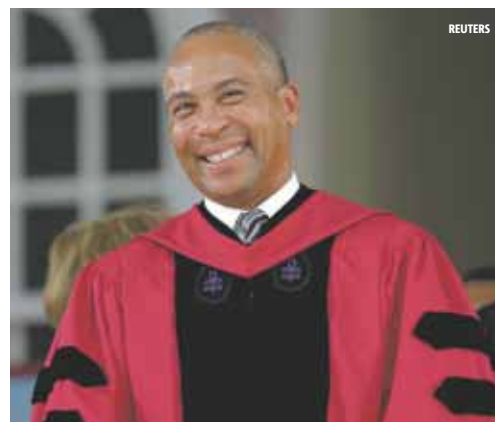
Following the call – which occurred a day after Trump had asked Ukraine's president during a phone call to conduct these investiga-

tions – the staff member asked Sondland, the U.S. ambassador to the European Union, what Trump thought about Ukraine, Taylor said.

“Ambassador Sondland responded that President Trump cares more about the investigations of Biden, which Giuliani was pressing for,” Taylor testified, referring to Trump's personal lawyer Rudy Giuliani.

Asked by Adam Schiff, the committee's Democratic chairman, if that meant Trump cared more about the investigations than about Ukraine, Taylor said, “Yes, sir.”

With a potential TV audience of tens of millions, Schiff opened the first US impeachment drama in two decades. **REUTERS**



Former Massachusetts governor Deval Patrick joining race for White House: reports

2 Former Massachusetts Governor Deval Patrick has told supporters he will join the Democratic race and run for president, media outlets including the New York Times reported on Wednesday.

Patrick, who was the state's first African-American governor and is close to former President Barack Obama, is widely respected within the Democratic party but faces a steep uphill climb if he joins the race.

He would join a field of nearly 20 candidates vying for the party's nod to run against Republican Donald Trump in 2020, most of whom have failed to win more than a few percentage points of support in national and state polls. He has already missed deadlines to get on the ballot in Alabama and Arkansas, as well as for the party's upcoming

debate in Atlanta.

The field is currently dominated by former Vice President Joe Biden, a moderate, and two liberals: U.S. Senator Elizabeth Warren of Massachusetts and U.S. Senator Bernie Sanders of Vermont.

On Tuesday, former New York Mayor Michael Bloomberg also took steps to underpin a possible run, filing paperwork to appear on the primary ballot in Arkansas. The same day, former Democratic standard-bearer Hillary Clinton gained attention when she refused to rule out a possible run in a BBC interview.

Patrick, 63, is a Harvard-trained lawyer and two-term former governor who has been working as a managing director of Boston investment firm Bain Capital since 2015, running a socially responsible investing fund.

REUTERS

Disney+ streaming exceeds 10 million sign-ups

3 Walt Disney Co on Wednesday said its new streaming service, Disney+, reached 10 million sign-ups since launching the previous day from “extraordinary consumer demand,” sending shares up 3.5%. The strong first day performance appears to establish Disney as a leading player in the streaming wars that pit it against industry leaders Netflix Inc, Amazon.com Inc's Prime Video service, Apple Inc's Apple TV+

and AT&T Inc's forthcoming HBO Max service. And although Disney's day one numbers were more than three-times the size of some forecasts, it was not immediately clear how many of these new customers were from free promotions. All new and existing Verizon unlimited wireless customers have been eligible for a free, one-year subscription to Disney+. **REUTERS**

Get your free trial at metro.us/disneyplus

Facebook removes 3.2 billion fake accounts

4 Facebook Inc removed 3.2 billion fake accounts between April and September this year, along with millions of posts depicting child abuse and suicide, according to its latest content moderation report released on Wednesday. That more than doubles the number of fake accounts taken down during the same period last year, when 1.55 billion accounts were removed, according to the report. The world's

biggest social network also disclosed for the first time how many posts it removed from popular photo-sharing app Instagram, which has been identified as a growing area of concern about fake news by disinformation researchers. Proactive detection of violating content was lower across all categories on Instagram than on Facebook's flagship app, where the company initially implemented many of its detection tools. **REUTERS**

Afghan prisoner swap did not occur

5 The planned exchange of two senior Taliban commanders and a leader of the Haqqani militant group for an American and an Australian kidnapped in Afghanistan in 2016 has not taken place, a diplomat and a former Afghan official said on Wednesday. The diplomat, who spoke to reporters on condition of anonymity, declined to provide details about why the planned exchange, which Afghan President

Ashraf Ghani announced on Tuesday, did not occur. The U.S. State Department did not immediately respond to a request for comment, nor did the Afghan and Australian embassies in Washington. The Afghan government's decision to free Anas Haqqani and two other Taliban commanders, Haji Mali Khan and Hafiz Rashid, was taken in the hope of securing direct talks with the Taliban.

REUTERS



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NEWS

By the end of the next year, OMNY hopes to be in every subway station.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

OMNY, the contactless fare payment system is growing in popularity in the subway system.

The new contactless system surpassed three million taps on Nov. 5. Since OMNY is doing so well, the MTA has unveiled the next stations where OMNY will be available, starting next month.

It was also announced that by the end of the year, more stations on the 4,5,6 lines and 1,2,3 lines in Manhattan and in the Bronx will be OMNY-equipped – marking the first time the OMNY will be in all five boroughs.

In December, the blitz phase will begin, and by next year the MTA hopes to install OMNY in all 472 subway stations and bus routes.

Al Putre, OMNY Program Executive, said in a press release, “Some of the next stations to receive this payments technology will allow Staten Island bus customers in particular who

MTA announces the expansion of OMNY



MTA

The new stations to get OMNY are as follows, according to a press release:

- Penn Station: 1,2,3,A,C,E **1 2 3 A C E**
 - Whitehall St: R,W **R W**
 - South Ferry: 1 **1**
 - 86 St – Bay Ridge: R **R**
 - Sutphin Blvd-Archer Av-JFK E,J,Z **E J Z**
 - St. George and Tompkinsville stations on Staten Island Railway
- Additionally, they shared that these line segments will be added in December:
- 51 St to 125 St: 4,5,6 **4 5 6**
 - 138 St-Grand Concourse to Woodlawn: 4 **4**
 - Rector St to 59 St-Columbus Circle: 1 **1**

use OMNY to seamlessly utilize all available free transfer capabilities for Staten Island bus routes just as a MetroCard user might today.”

Putre continued, “The public pilot has been immensely successful, and what we’ve learned over these last several

months will inform our work ahead as we scale OMNY across the entire transit system.”

The OMNY system has successfully tapped cards from over 112 countries. The countries span the globe to every continent except for Antarctica.

The legal age to buy tobacco and e-cigarettes has been raised

In New York, the legal age to purchase tobacco and e-cigs is officially 21.

Although the news of the age raise is not new, the law officially went into effect on Nov. 13, 2019. Gov. Andrew Cuomo said that with the age raise, he hopes to prevent young adults from getting addicted to cigarettes and vaping products.

NBC reports that 40 percent of 12th-grade students and 27 percent of high school students now use e-cigarettes. The increase is being credited to the flavored liquids for the e-cigs.

The Surgeon General



KRUSCHA VIA PIXABAY

said 88 percent of adult smokers started smoking when they were a minor.

Cuomo did try to ban e-cigarettes, but a court blocked that.

When it comes to vaping, the CDC’s most re-

cent update shows that, as of Nov. 5, 2019, there have been 2,051 cases of e-cigarette or vaping product use associated with lung injury. Forty-nine states, Washington DC and one U.S. territory have reported cases of these illnesses. Additionally, there have been 39 deaths in a variety of states, including two deaths that have taken place in New York City.

The CDC also recently shared that 14 percent of patients suffering from lung illnesses are under 18 years old, and 40 percent of the patients suffering are somewhere between 18 to 24. BECCA GLASSER-BAKER

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The 60-ft. tall and 30-ft wide (18 by 9 meters) mural of the teenage climate activist was created by Argentine street artist Andres Petreselli, who also painted a since demolished mural of the late actor Robin Williams in San Francisco.

GETTY IMAGES

Massive mural of Greta Thunberg stares down at San Francisco

Mural painted by Argentine street artist Andres Petreselli.

A massive portrait of Greta Thunberg gazed down onto San Francisco on Tuesday night after an artist unveiled a mural of the Swedish teen activist in a bid to remind residents of the dangers posed by climate change.

The 60-foot tall, 30-foot wide (18-by-9 meter) mural was revealed hours after Thunberg announced on Twitter that she would be leaving the United States by boat on Wednesday, headed for a United Nations climate change conference in Madrid in December.

The teenager rejects air travel because of its high levels of greenhouse gas emissions.

Argentine street artist Andres Petreselli, who signs his work Co-bre, says the portrait of Thunberg, 16, was unusual because he typically does not address politics, religion or sports.

"But, this one is ... I feel connected with the

politics behind (it) because I think it is real and if I have to compare it with the rest of my murals, this is the most political one that I ever made," the 32-year-old said as he sat on a roof with the mural behind him.

Petreselli previously painted a since-demolished mural of the late

"We are really just hoping that it stops and makes them think, that this will amplify Greta's message, that people will start to understand the clear call for action that she is sending out," Scott said.

Thunberg has spent the last three months in North America after arriving in New York

"We are really just hoping that it stops and makes them think, that this will amplify Greta's message, that people will start to understand the clear call for action that she is sending out."

Paul Scott

actor Robin Williams in San Francisco.

Paul Scott, the executive director of OneAtmosphere.org, the San Francisco nonprofit that funded the work, said he hoped passers-by would be "touched" by the image of Thunberg, who has mobilized a global youth movement against climate change.

City by boat on Aug. 28, delivering a speech at a United Nations climate summit there in September.

In her Twitter post on Tuesday she said she would set sail from Virginia in the morning on a 48-foot catamaran whose owners have offered her a ride across the Atlantic. **REUTERS**

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Staten Island officials revive call for the borough to secede NYC

The fight has been ongoing for over 25 years.

DEVIN GANNON
6SQFT
letters@metro.us

Staten Island officials this week said they will push forward plans for the borough to leave New York City, reviving a fight partially won over 25 years ago. As first reported by the Staten Island Advance, Republican Council Members Joe Borelli and Steven Matteo, who represent the borough, plan to introduce two pieces of legislation that would create a committee to determine the logistics and costs of the secession, as well as a commission a study to look at the feasibility of designating county governments within the city. In 1993, Staten Island residents voted to leave the Big Apple, but the measure never went further after failing to pass in Albany.

"If the city wants to continue going in a radical progressive direction, please just leave us behind!" Borelli, who recently lost an election for the city's public advocate position, told the New York Post. "The city is fighting a war on the cars we need to drive and loathe the police officers — many [of whom] live here. Why wouldn't



The Staten Island Ferry.

GETTY IMAGES

"If the city wants to continue going in a radical progressive direction, please just leave us behind!"

Council Member Joe Borelli

Staten Island want to secede?"

Borelli's legislation, which is being co-spon-

sored by Matteo, would create a committee "to look at what kind of government the Island would

get if it were to secede and how much the effort would cost" and "form a similar commission to study whether it is feasible to form county governments within New York City," according to the Advance.

State Sen. Diane Savino, a Democrat who represents the North Shore, will reportedly introduce a similar bill to state lawmakers. The Advance also reported that Demo-

cratic Assembly Member Michael Cusick said he is "willing to explore" secession.

A non-binding referendum passed in 1993 that would permit Staten Island to secede from New York City, with about 65 percent of the borough's residents approving the charter. Then Gov. Mario Cuomo said the referendum must be approved by the state legislature, which ultimately sealed its fate

that year.

But the idea for the "forgotten borough" to secede comes to the surface every few years, including in 2009, 2011, 2015 and most recently in 2016, which was put forth by Borelli, as Gothamist reported.

65%

A non-binding referendum passed in 1993 that would permit Staten Island to secede from New York City, with about 65 percent of the borough's residents approving.

In his most recent effort, Borelli told the Advance that his plan would create a government with a county executive, a mayor, and a local council, which is similar to the one mapped out in the 1993 study. Other questions remain about the plausibility of a Staten Island secession, from figuring out how to fund the borough's free ferry to the capital debt it owes the city for various projects. The complicated plan would require approval from both the city and state.

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				2 people	\$27,189-\$51,240			2 people	\$37,920-\$76,860				2 people	\$42,583-\$85,400
	1 bedroom	\$829	5	1 person	\$33,875-\$44,820	\$1,320	6	1 person	\$47,280-\$67,230		\$1,490	11	1 person	\$53,109-\$74,700
				2 people	\$33,875-\$51,240			2 people	\$47,280-\$76,860				2 people	\$53,109-\$85,400
				3 people	\$33,875-\$57,660			3 people	\$47,280-\$86,490				3 people	\$53,109-\$96,100
	2 bedroom	\$1,121	4	2 people	\$40,492-\$51,240	\$1,591	4	2 people	\$56,606-\$76,860		\$1,795	7	2 people	\$63,600-\$85,400
				3 people	\$40,492-\$57,660			3 people	\$56,606-\$86,490				3 people	\$63,600-\$96,100
				4 people	\$40,492-\$64,020			4 people	\$56,606-\$96,030				4 people	\$63,600-\$106,700
				5 people	\$40,492-\$69,180			5 people	\$56,606-\$103,770				5 people	\$63,600-\$115,300
	3 bedroom	\$1,269	2	3 people	\$46,835-\$57,660	\$1,831	2	3 people	\$65,419-\$86,490		\$2,066	4	3 people	\$73,475-\$96,100
				4 people	\$46,835-\$64,020			4 people	\$65,419-\$96,030				4 people	\$73,475-\$106,700
				5 people	\$46,835-\$69,180			5 people	\$65,419-\$103,770				5 people	\$73,475-\$115,300
				6 people	\$46,835-\$74,280			6 people	\$65,419-\$111,420				6 people	\$73,475-\$123,800
				7 people	\$46,835-\$79,410			7 people	\$65,419-\$119,160				7 people	\$73,475-\$132,400

¹ Tenant pays electricity.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

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When is the Deadline?

Applications must be postmarked or submitted online no later than **January 3, 2020**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español

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简体中文

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表之简体中文版，请将您的回邮信封寄送至：Villa Gardens c/o Langsam Property Services Corp. 1601 Bronxdale Avenue, Suite 201, Bronx, NY 10462. 信封背面请用英语注明"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 **2020年1月3日**。

Русский

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العربية

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Mayor Bill de Blasio • HPD Commissioner Louise Carroll • HDC President Eric Enderlin





Israeli soldiers run during an anti-Israel protest by Palestinians in al-Arroub refugee camp, in the Israeli-occupied West Bank. REUTERS

Gaza death toll reaches 23 in second day of escalation

Injuries, but no deaths, reported in Israel.

Israeli air strikes killed 13 Palestinians in Gaza on Wednesday, medical officials said, raising the Palestinian death toll to 23 over a two-day escalation in violence since Israel launched strikes to kill an Islamic Jihad commander.

From early morning Gaza militants fired rockets into Israel and the Israeli military struck from the air, resuming after an overnight lull. There were reports of injuries but no deaths inside Israel, where the military said it shot many of the rockets down with air defences.

The bodies of six people were brought to Gaza's Shifa hospital in taxis and ambulances early Wednesday, as relatives wept and screamed. Medics and witnesses said they were civilians who lived in densely populated neighbourhoods.

In the north of Gaza City, family members said Rafat Ayyad and his two sons Islam, 25, and Ameer, aged 9, were killed by Israeli fire while rushing to hospital to visit another son who had earlier been injured in a separate attack.

"I got wounded and I called my father. He was coming to see me in hospital and two of my brothers were with him on the motorcycle when they were hit by Israel," Loay Ayyad, 18, told Reuters during the funeral.

The Israeli military said that it had struck at least five rocket squads on Wednesday morning. Other targets included a rocket warhead manufacturing facility, an Islamic Jihad headquarters and a weapons storage site. Islamic Jihad confirmed that two of its militants were killed in separate strikes.

The fighting, the worst in months, erupted on Tuesday after Israel killed Baha Abu Al-Atta, a senior commander of the Iran-backed Islamic Jihad militant group, accusing him of masterminding and planning attacks against Israel.

In response to the killing of Atta and his wife, Islamic Jihad fired about 200 rockets into Israel on Tuesday, resuming on Wednesday morning.

"We will not allow the enemy to return to the policy of cowardly assassination under any circumstances," said a statement by the 'Joint Command' of Palestinian armed factions.

"We will not allow the enemy to return to the policy of cowardly assassination under any circumstances."

'Joint Command' of Palestinian armed factions

The joint command includes Hamas, the much larger Islamist group that controls Gaza. But while Hamas appeared to be giving the green light for Islamic Jihad to continue, the larger group did not appear to be launching rockets itself, a decision that could reduce the likelihood of the violence escalating further.

Hamas and Israel have managed to defuse previous confrontations and to avoid a full-scale conflict for the past five years. REUTERS

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Here's what Americans really think about Thanksgiving foods

A new study by Grubhub shows just what Americans are really eating and enjoying on Thanksgiving. The study breaks down what dishes are the most coveted during this holiday season, and some of the results are quite shocking.

It turns out that Thanksgiving's most popular foods are breakfast options. The study shows that Belgian waffles, chocolate chip pancakes, eggs benedict, corned beef hash and egg, and French toast rose most in popularity on Thanksgiving Day compared to other Thursdays in November 2018. Surprisingly, folks are opting for sweet options pre-turkey.

Turkey – perhaps the dish most synonymous with Thanksgiving – isn't actually consumed in its highest annual quantities on Thanksgiving Day. The number one holiday surpassing Thanksgiving for turkey-lovers is actually New Year's Eve.

Although turkey is well-loved on its own, the most popular turkey dishes in 2019 are tur-

key cranberry melt, turkey bacon, turkey bacon avocado wrap, honey glazed turkey, and a turkey and bacon club. It's interesting to note that the turkey cranberry melt that tops the lists is reminiscent of a Thanksgiving meal.

Other Thanksgiving favorites are desserts, specifically pies. When it comes to Thanksgiving pies, usually folks think about pumpkin pie and sweet potato pie; however, those are not the most sought after pies this holiday season. Pumpkin pie and sweet potato pie didn't even rank in the top five favorite pies.

The study shows that the most popular Thanksgiving pies are not what you might think. The most popular Thanksgiving pies are lemon meringue pie, blueberry pie, coconut custard pie and pecan pie – with apple rounding out the top five.

When people are tired of their leftovers, they tend to go for Tex-Mex and Asian-inspired dishes post-Thanksgiving. **BECCA GLASSER-BAKER**

Here are the most popular dishes for the weekend after Thanksgiving, according to Grubhub:

- Beef barbacoa taco
- Ramen bowl
- Cheesy chicken empanada
- Tofu miso soup
- Steamed shrimp shumai



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		6						
7			5	8		6	3	
4			7	6	2	9		
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8		2	6		5	1		3
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MEDIUM

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HARD

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In a hurry, Metro US reader



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Aries A trip back to your roots will offer insight into current situations and reveal possibilities that might work for you in the near future. Work in conjunction with a loved one.



Taurus A steady pace forward will help stabilize your life and a certain relationship. If you discuss your intentions, the feedback you receive will encourage a joint effort.



Gemini Emotions will be difficult to control. Refuse to let someone manipulate you with false information and mind games. Keep life simple, and focus on romance, not on conflict.



Cancer Interacting with people who share your beliefs or creative passion will make it easier to effect a positive change that will help you excel.



Leo Consider what you'd like to do and put your plan in motion. Adopting a new look, sharing something special with a loved one or making a healthier life choice is favored.



Virgo Dive into something new and exciting. The people you encounter and the possibilities that surface will stimulate you to participate in something that encourages self-discipline and good health. Avoid emotional mayhem.



Libra Get out and explore what's available. Learn something new or travel mentally, spiritually or physically to a place that will encourage personal gain, knowledge and new friendships.



Scorpio Emotionally motivated spending won't solve your problems. Re-evaluate how you live, eat and deal with stress. A revelation will encourage you to make an adjustment that leads to a healthy lifestyle.



Sagittarius Do what you can to help others, but do so without upsetting a loved one or spending money you don't have. Be practical, offer suggestions and tend to your own affairs.



Capricorn If you dedicate time to something you feel passionate about, you will find a way to make it pay. A positive change is heading your way.



Aquarius You need an emotional outlet. Enrolling in a fitness class or making physical changes at home that will add to your comfort and convenience is favored. Romance will enhance your life.



Pisces Someone will try to take emotional advantage of you. Don't overreact or buy into what someone is provoking you to do. Make decisions based on what you can afford. EUGENIA LAST

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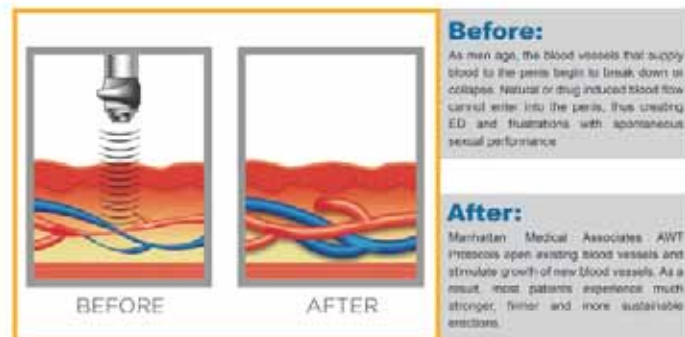
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LIFESTYLE



*“People love money
for what they buy,
that’s why they spend
it on stupid things”*

JURGEN KLARIC

The self-proclaimed “Best Seller in the World” wants to change the paradigm on finance.

FACEBOOK

He is one of the most important neuromarketing and sales references in the world and is the author of several books that have changed the lives of thousands on money management, sales and marketing. Jurgen Klaric has done so in defiance of the cultural paradigms of money around the world. Metro chatted with the author on how to break down these cultural myths and what the subject means to him.

In countries where there is so much inequality, it is offensive to say that poverty is mental. So how do we talk about abundance under these conditions?

Well, there is a theory that says that if the six billionaires of the United States gave away all their fortune to the millionaires, the money would return to their own pockets. This is not a matter of opportunity, but of capacity and retention. Of an emotional relationship with money. When it comes to money and people, it is the same as human relationships: if you dislike a person, you rant about them and send them bad vibes, so they move away from you. With money it's the same. If you don't like it, it will move away. And one proof is that 51 percent of people who have won the lottery in the United States and Canada (there are very serious studies on this) lose the money before twenty years have passed, if not sooner. And not only do they lose mon-

ey, but they lose control of their lives. They become depressive, drug addicts, criminals, etc. Money has so much energy that people do not know how to handle it, because it turns against them. So the problem is not money, but it has so much energy that if you are bad, it makes you worse. And if you're good, it empowers you.

The phrase “you are poor because you want to” has a tremendous burden of privilege. Someone born poor is not the same as someone born rich.

But there are also people who are born rich and become poor. So, the question is, why does a guy born with everything lose everything? And this is also extrapolated to people who are born poor with a mentality to become rich. Technically, I have been able to test this with my thesis (an anthropological thesis done in 18 countries). There is a mental conditioning towards money. So, I studied 300 poor and 300 millionaires and what I realized is that among the 300 poor there is only one in ten that is happy and two who have a millionaire's mind in every ten. Among the millionaires there are only two unhappy, eight happy and three who have a poor mentality among that group.

It is very complex to tell someone who lives in a shack, “have a millionaire mentality.”

Yes, it is very complex, the changes of habits and mentality, it is complex to say it. But this is purely an educational issue. Unfortunately, religion has made Latino Catholics have poor mentalities, because Catholics are the ones who have made us the most scared of money. Since they tell us that it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God, they are telling us that they are against the connection with money. However, it's curious, the Vatican is one of the richest countries in the world.

The current president of the United States has written many books on how to get rich. Tell us about his approach.

We have an institution with the largest number of students who speak Spanish, 7.9 million students, and we have discovered that people who begin to educate themselves in soft skills are not only happier, but also begin to have prosperity and wealth in other areas. So, people don't know where to invest their money. They believe that the most important thing is to have their own house, when millionaires do not own their own house, we rent. Everything is upside down. There is no financial culture. People get a credit card, knowing that it is the best instrument for entrepreneurship, but they use it for things

they should not buy. People with poor minds like what money buys. But they don't like what it means and what they have to do for it. I like it if it buys me cars or shoes, but don't like what being a millionaire means in our culture. Or what you have to sacrifice to be one. That is why in our culture it is said that it is preferred to be “poor, but happy,” “but honest,” saying that no millionaire is. And it goes in all aspects of culture. Or “money does not buy happiness.” And I make people understand in my workshops that if you save a child with cancer, you will realize the power of money.

What exactly is a “rich mind” and a “poor mind”?

The “poor mind” says that he loves money but does nothing to connect with it or earn it. The millionaire mind discovers that money not only gets luxuries but also transforms your life and that of others.

Let's go to everyday life. What then would be the basic tips to at least begin to have a healthy relationship with personal finances?

The first big mistake, for example, is that when you have a toxic circle, it is impossible to change your mindset towards anything. What we have discovered is that if we break that toxic circle in a person and surround him with people with another

mentality, he begins to earn more than the whole family. Now, many people say, “How can I be with a millionaire if I don't exist to them?” Well, go to his foundation, you work on weekends (millionaires always do) and you associate with them. Many people who have worked at my foundation want to work with us because they say, “If this guy is like that without earning money, imagine if he does.”

How should we manage our resources?

The big problem is that poor-minded people do not have financial education and the first day they earn some money, since they do not know how to invest it, they decide to spend it. For example, the guy who earns \$5,000 extra this year. He thinks that it's not enough to invest, because he would need 50 thousand. So, he decides to buy a car or go on a trip. Or you have a thousand dollars and you buy clothes instead of investing it. They buy passives. People do not know how to buy assets or residuals. Years studying and they still do not know what this is. And in that poor culture they are also taught that the most important thing is to buy your own home. And then a car and they feel successful about it. But they are passives, because they generate more expenses. I prefer to tell them to invest in apartments and high profitability Airbnbs.

And I teach this to the humblest and they start to move ahead. I have a trap I ask on the street: I ask people if they would like to be a millionaire. 9 out of 10 answer not a millionaire, but that they would like to own their home and their car. A dangerous statement. The right answer would be: “I would love to be a millionaire to help change the world.” So, people love money for what they buy, not for what it means and that's why they spend it on stupid things.

How should people invest?

I have a course that teaches people to convert 100 dollars into 300. It is very easy. It is buying, for example, things cheap that you can sell and that people want or need, you can do it. People can't think of these things, and technically it is also investing on social networks and digital marketing. I always tell them how to do it and where to do it. So, first I change their mentality. Then, I get a strategy and then I do it. People do not do it, it's hard for them. Procrastination is impulsive. And it is because it has been discovered that your brain does not want you to change, it wants you to be the same person for a lifetime and spend as little energy as possible, because it only wants you to use it to hunt and reproduce.

LUZ LANCHEROS MWN

Doctors Urge Knee Pain Sufferers

“Don’t Get ANY Surgery Until You See This...”

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

That’s the bad news.

Now for some good news...

Over the years, **NYC Pain MD** has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

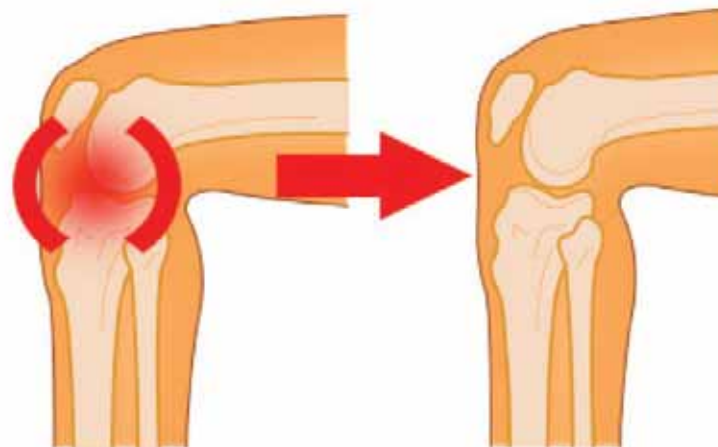
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, **NYC Pain MD** has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that **NYC Pain MD** offers.

If you do not, **NYC Pain MD** will tell you what they think your best options are and help



NYC Pain MD “Treatment Formula” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, **NYC Pain MD** offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, **NYC Pain MD** feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At **NYC Pain MD** your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed **NYC Pain MD** to get better results than they thought possible.

Here’s What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... **NYC Pain MD** would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



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Forever 21: The beginning of the end of the fast fashion model?

The bankruptcy of one of the most iconic brands of fast fashion shows how the business is changing.

LUZ LANCHEROS MWN
letters@metro.us

Gone are the times of those mile-long lines, in which each opening of a store was an experience that showed greed for fast fashion: at least that's true for Forever 21, who declared bankruptcy, stating that it would close up to 350 stores, 178 of them in the United States. This indicates a change in consumption due to online dynamics. In fact, two years ago, traditional retail stores encountered their worst season. Ac-



cording to Entrepreneur, online sales were 10 times higher and, in the U.S., 51 percent of citizens preferred this method of purchase. Among millennials this number reached 67 percent.

Now, several retailers have announced more than 8,200 store closures.

Payless and Gymboree have already closed almost 3,000 stores. American Apparel has closed all of its stores and Aeropostale has kept only a few open.

The fast fashion model has been criticized for years for its pernicious labor and ecological prac-

tices, with the Rana Plaza incident – 1,134 people died in a Bangladesh garment factory collapse – a benchmark event in worker exploitation. And as for the environment, H&M and Zara have made some efforts in collecting and upcycling materials, but critics say they are still not doing enough. Today, consumers are more aware, and Generation Z, along with Greta Thunberg and thousands of teens, have taken to the streets following Thunberg's anti-capitalist stance. According to a report by the consultant McKinsey, in partnership with Business of Fashion, one of the trends that the industry should look for in 2019 is precisely this: how brands assume their social and ecological responsibility in a market that will represent 40 percent of global consumers by 2020.

Boycotts have already been seen with brands that do not respond to the inclusion and responsibility criteria. Today more than 2,000 fashion retailers use the word "feminist" on their garments, attempting to appeal to targeted demographics. Companies that have been successful in rebranding, Nike being the first one after its controversial publicity with athlete Colin Kaepernick (some even burned the brand's shoes), have generated revenues, credibility and remembrance.

Let's talk about odious comparisons: Forever 21 has generated more headlines for their plagiarism (with Gucci) and

"That model of changing the collection in stores every 2 weeks is unsustainable, and I believe that consumers will lead brands to rethink these practices, to think with their ethical side, in the implications of what they do and also to find appropriate communication channels to become desirable."

Jeniffer Varela, journalist and MA in Fashion Studies, Parsons School of Design

for putting dietary bars on their plus size clothes, which generated a wave of outrage. And Amancio Ortega has also been criticized for not being more inclusive with sizes. And if we add the experiential approach: for new generations, buying is no longer synonymous with happiness, but experience. And few brands have understood the fundamentals of giving consumers a 3.0 shopping experience, transporting them and understanding them as individuals, not as a mass.

In this regard, Jeniffer Varela, journalist and MA in Fashion Studies from Parsons School of Design, told Metro that "the market will press fast fashion brands to improve their manufacturing practices and refine their marketing tactics. Zara, for example, relaunches clones of the most desired garments every season and they sell out in minutes. But it is also true that brands know that Gene-

ration Z is not precisely their audience, and they continue to focus on millennials. We have, for example, the collaboration of Baby Phat (which made Kimora Lee Simmons famous in the 2000s) with Forever 21: a typical millennial nostalgia strategy, such as appealing to Barbie or Mickey, symbols of our generation that we still cling to."

Will fast fashion die then? Perhaps some brands will manage to survive by gradually changing their business model. But it will no longer sell or represent what it was before. As in any business, fast fashion must be renewed, or it will succumb in contexts where there are more options for fashion, consumption and transformative cultures that question what brands offers. In other contexts, as we see in Latin America, those mile-long lines continue to exist and some continue to be fooled.

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2 Towards Taj Mahal
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4 Marking the step
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TRAVEL



ALL PHOTOS JULIE FLETCHER

Adventures and experiences are abundant in *Orlando*

Orlando is a magical place, and it's not just because it's home to Cinderella's castle at Walt Disney World. There's an incredible mix of fun things to do in this great city that make it an ideal vacationing spot for not only families but young singles, baby boomers, foodies, outdoor adventurous types, luxury shoppers and international visitors.

While the city was built on theme park fame, the number and variety of Orlando attractions have grown to include world-famous restaurants, high-end outlet shopping centers, theatrical performances, and amazing concert and sporting event venues.

Golfers love the challenging and historic courses throughout the city, and art-lovers enjoy the Orlando Museum of Art, the Mennello Museum of American Art, and a number of small, funky galleries and art studios sprinkled throughout the area.

Orlando is known for hospitality, and that ex-



tends to its many hotels, spas and services that suit every budget and taste.

Parents appreciate some of the amenities offered at the Disney-area accommodations, such as five-star fine-dining restaurants, luxurious spas and serene rooftop pools.

And kids love themed hotels that highlight animals, costumed char-

acters, rock 'n' roll, and princesses.

If you're looking for quirky, interesting things to do in a half-day, afternoon or evening, Orlando has a multitude of fun spots that make for great memories and neat stories.

Madame Tussauds Orlando has a dazzling assortment of lifelike wax celebrities and the Great Escape Room is part scav-

enger hunt, part mind-game as groups and families work together to escape an enclosure with hidden passageways and trap doors.

Hit one of the many water parks to cool down or spend an air-conditioned afternoon inside the Orlando Science Center, the Orlando Fire Museum, or the National Vietnam War Museum.

For a sky-high view of

the city from a glass capsule, visit the 400-foot ICON Orlando observation wheel on International Drive, which is also near several great shops, restaurants, bars and galleries.

One of the coolest spots in town – quite literally – is ICEBAR Orlando, which features a below-freezing room with a bar carved entirely from ice and a full menu and

dance floor in the warmer adjacent room.

Craft beer enthusiasts will love trying the organic beers at Orlando Brewing or special-batch brews at one of the dozens of breweries and taprooms, many of which also have excellent menus including, wings, vegan dishes, fancy oysters and sustainable-seafood dishes.

Orlando has several parks and lakes that are great for relaxing, exercise and adventure. Rent a paddleboard or paddleboat, soar over the city in a hot air balloon, picnic under an old oak, spot dolphins on a boating day trip, swim with manatees and pet a sloth at the Exotic Animal Experience.

There are several watersports centers if you're looking to try waterskiing or jet skiing or, for an even bigger thrill, parasailing or sky diving.

The adventures and experiences are abundant in Orlando, a city that's inspired by dreams and wonder. **VISIT FLORIDA STAFF**

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The Ultimate Guide to Aruba

Here's why Aruba should be on your bucket list.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Are you looking for somewhere warm and sunny to go this holiday season? Do you dream about white sand beaches and aquamarine oceans? If your answer is yes, look no further than Aruba. The Caribbean island is a popular spot to visit for a multitude of reasons. Here are a few reasons why you should visit:

- The beaches look surreal. They literally look like a postcard. From my personal experience, they look exactly the way they do on Instagram, which blew my mind. #NoFilterNeeded
- If you're worried about a language barrier, don't! There is



The natural pool. PROVIDED

none since most island residents speak four or more languages; if you're lucky, some locals might even teach you a bit about their local language, Papiamentu.

If you need even more reasons to visit this island paradise, look no further. I had a chance to check out the

best spots to stay, eat, drink and shop.

Where to stay: Manchebo Beach Resort & Spa

Manchebo is home to part of the world-famous Eagle Beach, which is ranked as one of the best beaches worldwide. It's one of the most beautiful

beaches I've seen in my entire life. It has white sand, and the ocean is a gorgeous shade of blue. The resort has countless amenities, including multiple restaurants (there's a restaurant for everyone's taste, I promise). The hotel also has an incredible spa, where you can book a treatment in a cabana. The cabanas face the luscious beach, which is sure to leave you feeling fully immersed in vacation mode.

What to do:

Arikok National Park
Arikok National Park takes up 19 percent of the entire island of Aruba. There is so much to see and explore in the park: from its otherworldly landscape to its historic sites – there is something for everyone here. When going to Arikok, I recommend booking a Jeep tour with De Palm Tours. You can also hike within the park; in fact, there are countless miles of trails within the island. Some highlights of the park are the natural pool, which is a stunning non-human-made pool filled with ocean water, where you can swim around safely. Another highlight for me was the Bushiribana Gold Mill Ruins, which you can go in and explore (make sure to wear proper footwear). The caves are another cool spot to explore, and within the caves, you can witness perfectly preserved cave drawings. When I visited, I spoke to Julio Beaujon about the park,

and he told me that within the park, "... you're getting to know the real Aruba."

Aruba Art Mural Tours

If you're an urban explorer like me, you need to check out a tour of San Nicolas. San Nicolas used to be known as a more run-down part of the island. But in the past few years, it has had a renaissance when it comes to art. A man named Tito Bolivar saw an opportunity to help grow the art culture on the island and started ArtisA, a gallery, shop, events and tour company. You can book a guided tour of all of the striking street art in San Nicolas. Bonus: it makes for a killer Instagram photo.

Where to eat and drink: The Secret Garden

If you want to get seriously local, starting in January, you can book a dinner at The Secret Garden, where you can dine on a meal prepared by local chef Tina Causey-Bislick. You can opt for three different dining experiences, which include vegan tastings twice a week and two Cunucu Table tastings a week (not-vegan). The Cunucu Table tastings focus on local cuisine with a gourmet flair. I had a plant-based meal, and it was incredible. I spoke with Causey-Bislick and she said she was inspired to create this experience because, "Arubans love to share their homes, they love to entertain locals not just in the resorts but all the time you'll find Arubans inviting tourists to their homes and entertaining them and sharing their family with them," and she wanted to do the same.

The West Deck

Another wonderful local spot, owned by a family for close to twenty years. This restaurant is situated on the water, and you can get some famous local dishes such as the full fried red snapper, Keeshi Yena (my favorite Aruban dish), and their famous plantains. If you're looking for a bit of a break from the

beach but still want to be outdoors, this is the spot for you, since you can enjoy a delightful picnic.

Apotheek: remedy cocktail bar

The brand-new bar is the first speakeasy on the entire island of Aruba ... how cool is that? The bar is inspired by an apothecary, and in fact, when you first enter the space, that's precisely what it looks like. They have a few main cocktails, but they rotate out additional cocktails seasonally. I spoke with the head bartender of Apotheek, and he told me that if you come to visit, he suggests testing out their Doctor on Duty cocktail or their Watermelon kick drink.

Zeerovers

Zeerovers is a famous spot on the island and a local favorite. The lines are always long and that's for a good reason. At Zeerovers, you can see the entire ocean to table process from the butchering of the fish to the frying of the fish. The food is excellent (make sure you try the cornbread), and while you're there, pick up the island brew called "Chill." The beer pairs perfectly with everything on the menu. This spot is cash only.

What to buy:

Naomi Style Cunucu

Local artist Naomi Landgraf creates mini versions of traditional Aruban-style homes called Cunucus. The houses are beautiful and vibrant, and they can still be spotted across the island. If you love small, easy to travel with local items, this is the perfect souvenir. You can pick up her items from Cosecha Aruba.

Tangerine

Tangerine is a single-man operation, owned by a gentleman named Ash. He creates hand-crafted bags that are super sturdy and perfect for any traveler. His bags are inspired by the colors of the Caribbean, and many of his bags feature sailing material. Pick up his bags at his storefront, Tangerine.

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SPORTS

Mets ace Jacob deGrom wins 2nd-straight NL Cy Young Award

The Queens righty took the NL's top pitching honor once again on Wednesday night.



JOE PANTORNO
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For the second-consecutive season, New York Mets ace Jacob deGrom has won the National League Cy Young Award, beating out Max Scherzer of the Washington Nationals and Hyun-Jin Ryu of the Los Angeles Dodgers.

Given to the NL's top pitcher, deGrom had another historic season on the hill in Queens.

Despite an 11-8 record for a Mets team that fails to give him proper run support, deGrom finished second in the majors with a 2.43 ERA while leading the NL with 255 strikeouts.

His 0.971 WHIP (Walks and hits per inning pitched) was fourth in the majors and his WAR (Wins Above Replacement) of 7.9 led all MLB pitchers and trailed only Cody Bellinger, Alex Bregman,



Jacob deGrom won his second-straight NL Cy Young Award on Wednesday night. GETTY IMAGES

Mike Trout, and Marcus Semien.

While deGrom was a favorite for the award throughout most of the season, his finish all but solidified his second Cy Young Award.

The 31-year-old did not allow a single run in his final 23 innings of work in 2019 while going eight-straight starts in which he went seven innings or more. No Met had done that since Al

Leiter in 1998.

His ERA since May 22? A slim 1.89.

DeGrom also became just the third Met in franchise history to post two consecutive seasons of 250-plus punchouts, joining Tom Seaver and Dwight Gooden.

That's quite an answer to his incredible 2018 season when he posted a 1.70 ERA with 269 strikeouts.

He's arguably been

the best pitcher in baseball over these past two seasons and he has the numbers to back it up. In the 64 games he started dating back to the start of 2018, he has a 2.05 ERA, a WHIP of 0.941, and 524 strikeouts.

Suddenly, he's on the fast-track to the Hall of Fame.

He holds a career 2.62 ERA with 1,255 strike-

outs over his first six MLB seasons. That puts him on a 12-year pace to reach the 3,000-strikeout mark, which is a benchmark (along with 300 wins) for many Hall-of-Fame pitchers.

Now with a second Cy Young Award in hand, deGrom is the 20th pitcher in MLB history to win the award multiple times.

He's just the 10th to win it in consecutive seasons:

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TIM LINCCEUM
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CLAYTON KERSHAW
2013-2014

MAX SCHERZER
2016-2017

JACOB DEGROM
2018-2019

Five of those pitchers are in the Hall of Fame while Kershaw and Scherzer are already expected to be in consideration for Cooperstown when their playing days are over.

A three-time All-Star in six years, an ERA title, a Rookie of the Year Award, and now two Cy Young Awards — deGrom will join them one day, too.

Piazza named Italy national team manager

New York Mets legend and MLB Hall of Famer Mike Piazza is returning to the dugout.

Just not in North America, at least for now.

Piazza announced on Wednesday morning that he is the next manager of the Italian National Baseball Team where he will lead them through a European tournament and the 2021 World Baseball Classic.

He served with the Italian team as a player during the 2006 World Baseball Classic before becoming a hitting coach in 2009.

Later as a hitting instructor for the Italian Baseball Academy, he helped the team win two-straight European titles in 2010 and 2012



GETTY IMAGES

and is largely responsible for bringing on Chicago Cubs star first baseman Anthony Rizzo into the side.

The 51-year-old has

moved to Italy since retiring from baseball in 2007. His time there has included a brief, two-year ownership of a third-tier Italian soc-

cer team that did not go well, to put it lightly.

Back in his natural sport, Piazza now will have an opportunity to lead Italy to unprecedented heights on the international stage.

The country has never finished higher than seventh in four World Baseball Classics.

The gig will be Piazza's second foray into managing. His first stint was brief as he led Team USA in the 2011 Futures Game during All-Star weekend.

Could this be Piazza's first step toward MLB management?

If all goes well for the Mets, there won't be a position available for him after they hired Carlos Beltran to the role earlier this month.

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Jets head coach Adam Gase will be coming back next season, according to team owner Christopher Johnson. GETTY IMAGES

Jets owner: Head coach Adam Gase coming back in '20

Christopher Johnson guaranteed the return of the embattled head coach.



JOE PANTORNO
joseph.pantorno@metro.us

Adam Gase isn't going anywhere.

That was the message New York Jets owner Christopher Johnson told the media on Wednesday, stating that the head coach will be back for the 2020 season.

"We are not where we thought we'd be," Johnson said (h/t NJ.com). "It's exceedingly frustrating. But, I'm here watching this team grind away every day and coaches grind away every day to get better. The thing that is so encouraging is that there hasn't been a moment of finger-pointing. There hasn't been a moment where someone has cast blame on somebody else. I think that speaks highly of the character of this team and the effort of the coaches. With that, I want to assure you, there will be no changes in coaches."

"Adam has the trust of this team, he has the trust of Sam," he continued. "He has [GM] Joe Douglas' trust, he has my trust. He's a good mad. He's a good coach... I brought in Joe to help build the team with Adam and there's a lot of work to do. We're just getting started. But I feel really good about this team moving forward."

It has been a disastrous start to Gase's career with the Jets as he's 2-7 in his first nine games with the organization.

A glimmer of hope was offered on Sunday when the Jets took down their in-stadium rivals, the lowly Giants, behind a season-high 34-point effort. Of those, 27 came from an offense that was averaging just 12 points per game this season.

Given the opponent, the victory won't do much to change the public opinion surrounding Gase immediately.

After coming over from the Dolphins, the 41-year-old was labeled an offensive guru that will help develop franchise quarterback Sam Darnold into a star.

That hasn't been the case so far as the second-year passer has just

seven touchdowns compared to nine interceptions this season.

His supporting cast hasn't been all that impressive, either. Darnold and All-Pro running back Le'Veon Bell — whose big contract reportedly perturbed Gase upon his arrival in New York — are playing behind a subpar offensive line that does little to utilize mediocre playmakers that was put together by former GM Mike Maccagnan.

The screams for Gase's job only intensified after a 26-18 loss to the previously winless Miami Dolphins in Week 9. The Jets only mustered one touchdown against one of the league's worst defenses which brought their season total to eight offensive scores in as many weeks.

Before the Jets' Week 10 win against the Giants, Johnson stated the Jets would be patient with Gase — who has yet to have a full offseason with the new GM, Douglas.

Gang Green will look to make it two straight against another NFC East minnow in the Washington Redskins on Sunday.



Kristaps Porzingis makes his return to Madison Square Garden to face his former team tonight. GETTY IMAGES

In full free-fall, Knicks welcome Porzingis back

If the Knicks roster is fully backing head coach David Fizdale, they didn't do much to show it on Tuesday night in 120-102 loss to the Chicago Bulls.

It's only adding to the tense times within a dysfunctional organization that is broken on every level of management.

Following Sunday's loss to the Cleveland Cavaliers, president Steve Mills and general manager Scott Perry's impromptu press conference — which was fueled by a talk with owner James Dolan — laid the groundwork to make Fizdale the scapegoat, which reportedly began before addressing the media.

Their overarching message was that they expected this team to be better than their now 2-9 record. Even though Fizdale has been left with a roster that is filled with cast-offs and inexperienced, unproven youngsters that need time to develop into legitimate NBA contributors.

It was as tone-deaf a display as could be considering Mills and Perry are the ones responsible for building this team.

Following a 17-65 2018-19 season — tied

for the worst in franchise history — and the trading of franchise talent Kristaps Porzingis to the Dallas Mavericks for draft capital and salary-cap space to make runs at marquee free agents, Knicks management whiffed.

They lost out on Kevin Durant, Kyrie Irving, Kawhi Leonard, and Kemba Walker, among others. Then they tried to save face by saying they didn't want them in the first place.

Now in his second year, Fizdale is left with the difficult job of juggling a roster filled with youngsters that need playing time and veterans who were promised minutes and a chance to turn the culture around in New York.

That's no easy task, and Fizdale hasn't necessarily excelled in the balancing act. But the behind-the-scenes work from management to make him the fall guy is only adding to the unnecessary noise surrounding the beleaguered franchise.

Multiple reports, however, have revealed that Mills and Perry's jobs are also on thin ice alongside Fizdale's — making every game as

close to a must-win as possible for a franchise with the worst record over the last six seasons.

In case things weren't bad enough, a familiar face returns to Madison Square Garden tonight as Porzingis and the Mavericks come to town. The Knicks came away with their second win of the season last Friday in Dallas when Frank Ntilikina put together his best outing to date.

The last thing Mills and Perry want to see is Porzingis go off and embarrass the Knicks in Madison Square Garden to remind a miserable fan base of what they are missing out on.

It could be looked upon as one of the worst trades in franchise history if the Knicks can't turn things around soon and is only going to strengthen the calls to clean house at MSG.

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Tel: 1-212-879-5800 - Fax: 1-212-517-6987

Email: info@pakistanconsulateny.org

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of One Stop Vida LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 07/31/2019. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 10544 62nd Drive, Forest Hills, NY 11375. Purpose: Any Lawful Activity.

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that a license, Number 1318114, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail in a Cafe under the Alcoholic Beverage Control Law at 138 Smith St., Brooklyn, NY 11201. Kings County, for on premises consumption. Really Very Fine Inc.

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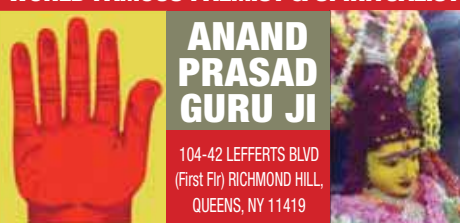
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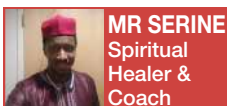


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metro.us/crossword

ACROSS

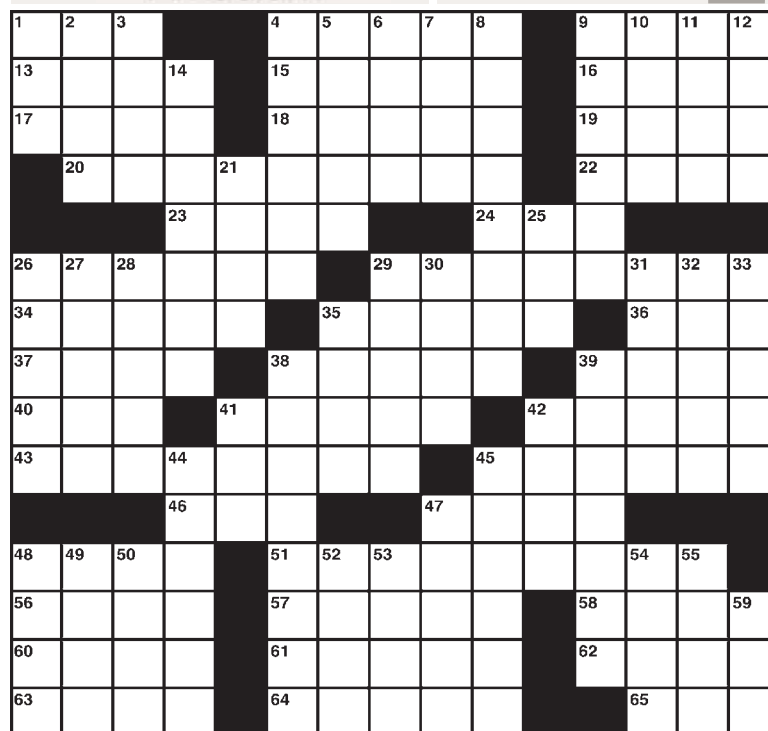
1 Womanizer
4 "Thou ___ not kill"
9 Dull-colored
13 Soft cheese
15 Outdoor socializing area
16 Carousel or Ferris wheel
17 ___ the tide; stop from worsening
18 External
19 As wise ___ owl
20 Caffeine or Ritalin
22 Topaz & ruby
23 Namesakes of Natalie's dad
24 Wedding words
26 Mother Superior
29 Magnificence
34 Candid
35 Buckets
36 Inventor Whitney
37 Remove from office
38 Prima ___; diva
39 "___ Mary, full of grace..."

40 Last month: abbr.
41 Apple centers
42 Do math problems
43 One approaching adulthood
45 Bandleader Tommy
46 Spanish cheer
47 Fibber
48 Usually-dry streambed
51 Coming into view
56 12/24 & 12/31
57 Hold sway
58 Vittles
60 Brazilian soccer great
61 Comedian Kovacs
62 Days of ___; yesteryear
63 Refrain syllables
64 Songs for two
65 Actor Berry

DOWN

1 "Criminal Minds" network
2 ___ and crafts
3 Count calories
4 Pitcher parts
5 Drags or carries
6 "___ boy!"; encouraging words
7 Claim against property
8 Burrito wrap
9 "Puff, the Magic ___"

10 Go higher
11 West or Sandler
12 Uncle ___ Rice
14 Renowned
21 Disguise
25 ___ Moines
26 Underway
27 Mr. Springsteen
28 Sew lightly
29 Not as nuts
30 Clothing fasteners
31 Passes out cards
32 Small fruit
33 "The Life of ___" of old TV
35 Tiny skin opening
38 Like frayed book pages
39 Appall
41 Baseball's Ripken Jr.
42 Fly high
44 Sounds
45 Keaton & Sawyer
47 Lawful
48 Cried
49 Declare positively
50 Boxer Oscar ___ Hoya
52 Home to most alpacas
53 Yearn
54 Breakfast ___; kitchen recess
55 VP after Quayle
59 Lion's lair

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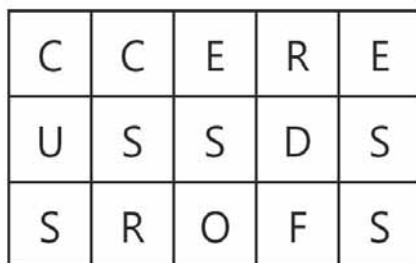
Ahab
Captain
Herman
Ishmael
Melville

Moby-Dick
Novel
Obsession
Pequod
Sail

Sea
Ship
Whale
White
Wreck

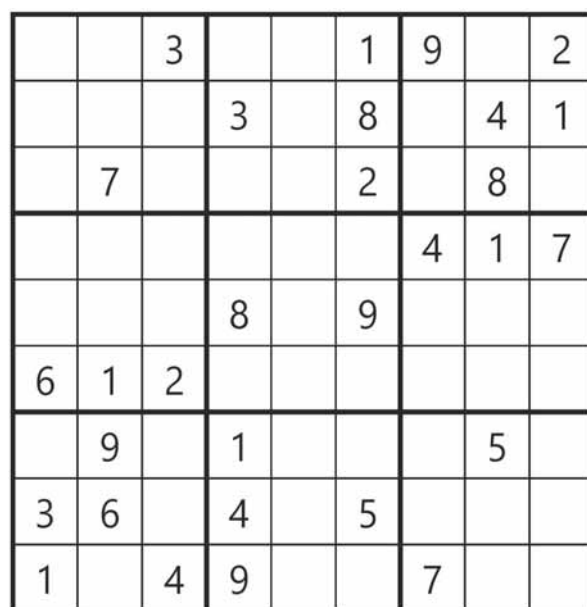
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